FREE Parenting Class!!

Parents/Guardians:

Parenting is the most important job you will have in your entire life. It is also the job of which we receive the least amount of training. Being a parent is a full time job that is often thankless, sleepless, nerve wrecking, and anxiety provoking. It is a job where the hard work you put in now may not be noticed for a few years. But, parenting is also the only job that provides you with the best benefits of all: the chance to love a child and to make a difference. We would like to present you the opportunity to enhance your parenting skills, to share your successes and challenges with other parents, and to build on the knowledge that you as parents already have.

We will be holding a **FREE** parenting class on *Love and Logic* on Saturday, April 30th for parents of children ages 2-18. *Love and Logic* is a philosophy that provides parents with simple and practical techniques and tools to make parenting less stressful and more fun. It will teach you how to have fewer power struggles, less arguing, end whining, and set enforceable limits and boundaries. If you would like to read more about it before coming to the class, feel free to visit the *Love and Logic* website at www.loveandlogic.com.

The class will be held **Saturday, April 30 from 9:00am to 2:30pm** with a 30-minute lunch break. It will be held at Edgerton Public School. <u>Child care will be provided in</u> <u>the gym.</u>

For questions regarding the classes, please contact Paige Thompson or Sarah Landin using the contact information below. To register, please contact Sarah Landin at 507-442-7881 or at <u>slandin@edgertonpublic.com</u>. A minimum of 10 participants must be registered to hold the class. Please register no later than <u>April 26th</u>

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Paige Thompson, LGSW Pipestone Area Schools School Social Worker paige.thompson@pas.k12.mn.us 507-825-6763 (ext. 5221)